

Injection Instructions

Today you have had an injection for treatment of your condition. The injection site may become sore the evening of the injection. The discomfort from the injection is often improved with the use of Tylenol or an anti-inflammatory medication. Local treatment of the injection site with ice massage may be helpful. Frequently, it takes several days for the injection to have its maximum effect on discomfort.

Please contact our office if:

- You develop redness or drainage at the site of the injection.
- Progressive swelling in your hand or arm.
- Progressive numbness in your hand or arm.
- You have discomfort that is unrelieved with anti-inflammatory medication and ice massage.